

COPPER COUNTRY SENIOR MEALS

FOR RESERVATIONS CALL 483-1155 BETWEEN 9:00 A.M. AND 3:30 P.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	OCTOBER 2020		1	2
			SWISS STEAK BAKED POTATO MIXED VEGETABLES COTTAGE CHEESE W/PEACHES	CHICKEN TENDERLOINS TATER NUGGETS SAVORY BROCCOLI/CAULIFLOWER COLESLAW COOKIE
5	6	7	8	9
VEGIE LASAGNA PEAS AND CARROTS GREEN SALAD COOKIE	CHICKEN PATTY SANDWICH RED SKINNED POTATO GREEN BEANS FRUITED JELLO	<u>HAPPY BIRTHDAY</u> SWEDISH MEATBALLS EGG NOODLES GLAZED CARROTS BRUSSELL SPROUTS BIRTHDAY CAKE	SPAGHETTI W/HOME MADE MEAT SAUCE GARLIC BREAD BROCCOLI SALAD MANDARIN ORANGE DESSERT	CHICKEN DRUM STICKS STEAK FRIES BROCCOLI FRESH FRUIT
12	13	14	15	16
BRATWURST W/W. WHEAT BUN CHEESY POTATO CASSEROLE BROCCOLI PINEAPPLE DESSERT	CHEESEBURGER W/BUN, LETTUCE & TOMATO FRIES BAKED BEANS FRUIT	PASTY PIE COLESLAW BROWNIE	SHREDDED CHICKEN CACCIATORE OVER SPAGHETTI PEAS-N-ONIONS W. WHEAT DINNER ROLL FRUIT	POTATO CRUSTED FISH BROWN RICE W/PEAS ROASTED VEGETABLES FRESH FRUIT
19	20	21	22	23
ITALIAN CHICKEN HERBED POTATO STEWED TOMATO COOKIE	HERBED FISH FILLET GLAZED CARROTS BAKED POTATO SPONGE CAKE W/STRAWBERRIES	MEATLOAF WHIPPED POTATOES GREEN BEANS MIXED BERRY CUP W/CREAM	BAKED ZITI W/CHEESE STEAMED CARROTS BROCCOLI SALAD FRUIT CUP	CHUNKY CHICKEN SHEPHERDS PIE GREEN SALAD FRESH FRUIT
26	27	28	29	30
COOK'S CHOICE	CHICKEN POT PIE GREEN SALAD FRUIT	CABBAGE ROLL WHIPPED POTATO MIXED VEGETABLE FRUIT PIE	TACO SKILLET W/LETTUCE & CHEESE BEANS ON THE SIDE TORTILLA CHIPS PISTACHIO PUDDING	PULLED CHICKEN BBQ ROASTED POTATO SPINACH SALAD FRESH FRUIT

ALL MEALS INCLUDE 2% MILK

MENU'S MAY VARY DUE TO SUPPLY AND DEMAND